

# TRAVELLERS FRIEND

## MENU

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### SMALL PLATES

**Hummus 7.5**  
cucumber & pomegranate salsa,  
flatbread (pb) (Kcal 548)

**Crispy squid 9.5**  
gochujang mayonnaise  
(Kcal 372)

**Pork & fennel scotch egg 6.5**  
HP brown sauce (Kcal 487)

**Halloumi fries 8.5**  
hot honey drizzle  
(v) (Kcal 632)

**Buffalo king prawns 9.5**  
lime sour cream, spring onions (gif)  
(Kcal 174)

**Roasted squash soup 5.5**  
sticky miso mushrooms, spring onion  
oil (pb) (gif) (Kcal 390)

**Crispy chicken bites 9.5**  
Korean chilli sauce, sesame seeds,  
spring onion (Kcal 655)

**Crispy breaded mushrooms 7**  
garlic mayo  
(v) (Kcal 500)

**Black pudding sausage roll 8.5**  
apple miso ketchup (Kcal 556)

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### TO SHARE

**Sharing nachos 12.5**  
grated cheese, guacamole, salsa,  
sour cream, chives  
(v/gif) (Kcal 1737)

**Baked camembert 20**  
rosemary, sea salt & truffle focaccia,  
tomato & onion chutney  
(v) (Kcal 870)

**Rosemary & sea salt focaccia 4**  
spring onion dipping oil  
(pb) (Kcal 441)

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### MAINS

**Buttermilk chicken burger 15**  
spicy Korean sauce, burger mayo,  
iceberg lettuce, fries  
(Kcal 933)

**8oz cheeseburger 14.5**  
burger mayo, pickles, fries  
(Kcal 1126)

**Moving Mountains burger 15**  
vegan cheese, vegan burger sauce,  
pickles, fries (pb) (Kcal 835)

**Battered haddock 15.5**  
crushed peas, tartare sauce, chips  
(gif) (Kcal 1039)

**Flat iron steak 18.5**  
peppercorn sauce, fat chips,  
watercress  
(gif) (Kcal 1522)

**Maple cured gammon steak 15**  
egg, fat chips, watercress  
(gif) (Kcal 894)

**Pan fried gnocchi 14.5**  
wild mushroom butter, crispy kale  
(v) (Kcal 1223)

**Cumberland sausages & mash 14.5**  
caramelised onion gravy, seasonal  
greens  
(Kcal 895)

**Pan fried bream fillet 18.5**  
slow cooked chorizo & spinach stew  
(gif) (Kcal 593)

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### SIDES

**Skinny fries / Fat chips 4** (pb) (gif) (Kcal 288/287)

**Mixed olives 5** (pb) (gif) (Kcal 105)

**Seasonal greens, chili, garlic shallots 5** (pb) (gif) (Kcal 106)

**Truffle & parmesan fries 6.5** (v) (gif) (Kcal 448)

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### PUDS

**Sticky toffee pudding 7.5**  
salted caramel sauce,  
vanilla ice cream  
(v/gif) (Kcal 944)

**Chocolate brownie 7**  
vanilla ice cream  
(pb) (gif) (Kcal 269)

**Apple & plum crumble 7**  
vanilla custard  
(v) (Kcal 720)

**One scoop ice cream 2**  
**Three scoops ice cream 6**  
please ask the team for  
todays flavours

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Before you order your food and drink, please inform a member of staff if you have a food allergy or intolerance.  
A voluntary 12.5% service charge will be added to your bill today, all of which goes directly to the team. Please ask your server to remove this if you would rather it were not added.  
Due to shared fryers being used in our kitchen some fried items may contain gluten, dairy, crustaceans or fish. Please speak to a member of our team.

Key for Symbols: Vegetarian (v), Plant based (pb), gluten ingredient free (gif)